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Research Report

Hydrogen-rich saline improves memory function in a rat model of amyloid-beta-induced Alzheimer's disease by reduction of oxidative stress

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ABSTRACT

This study is to examine if hydrogen-rich saline reduced amyloid β ($A\beta$) induced neural inflammation, and learning and memory deficits in a rat model. S-D male rats ($n=84$, 280–330 g) were divided into three groups, sham-operated, $A\beta$ 1-42 injected and $A\beta$ 1-42 plus hydrogen-rich saline-treated animals. Hydrogen-rich saline (5 ml/kg, i.p., daily) was injected for 14 days after intracerebroventricular injection of $A\beta$ 1-42. The levels of MDA, IL-6 and TNF- α were assessed by biochemical and ELISA analysis. Morris Water Maze and open field task were used to assess the memory dysfunction and motor dysfunction, respectively. LTP were used to detect the electrophysiology changes, HNE and GFAP immunohistochemistry were used to assess the oxidative stress and glial cell activation. After $A\beta$ 1-42 injection, the levels of MDA, IL-6, and TNF- α were increased in brain tissues and hydrogen-rich saline treatment suppressed MDA, IL-6, and TNF- α concentration. Hydrogen-rich saline treatment improved Morris Water Maze and enhanced LTP in hippocampus blocked by $A\beta$ 1-42. Furthermore, hydrogen-rich saline treatment also decreased the immunoreactivity of HNE and GFAP in hippocampus induced by $A\beta$ 1-42. In conclusion, hydrogen-rich saline prevented $A\beta$ -induced neuroinflammation and oxidative stress, which may contribute to the improvement of memory dysfunction in this rat model.

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1. Introduction

Alzheimer's disease (AD) is the most common cause of progressive dementia in the elderly population. It has been estimated that about 5% of the population older than 65 years is affected by Alzheimer's disease. There is an enormous

medical need for the development of novel therapeutic strategies that target the underlying pathogenic mechanisms in AD. The proposed pathogenic mechanisms for AD generally include loss of cholinergic function, oxidative stress, amyloid cascade, inflammatory mediators, steroid hormone deficiencies, and excitotoxicity (Shah et al., 2008). Among them the

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amyloid cascade hypothesis is well accepted which suggesting a central role of A β in the pathogenesis. It has been shown that accumulation of β -amyloid (in particular of the A β 1-42 peptide) in the brain initiates a cascade of events that ultimately leads to neuronal dysfunction, neurodegeneration and dementia (Klafki et al., 2006).

Molecular hydrogen (H₂) is a special free radical scavenger which uniquely reduces hydroxyl radicals (\bullet OH), but not superoxide (O₂ \bullet), hydrogen peroxide (H₂O₂), or nitric oxide (NO \bullet) (Buxton et al., 1998; Ohsawa et al., 2007). There are several recent studies reported that molecular hydrogen reduced oxidative stress and its associated disorders. Molecular hydrogen in the form of gas or H₂-saturated saline reduced the cerebral infarction (Ohsawa et al., 2007) and decreased apoptosis in neonatal hypoxic brain injury in rats (Cai et al., 2008, 2009). Molecular hydrogen dissolved in drinking water similarly attenuated sclerotic lesions (Ohsawa et al., 2008) and prevented cisplatin-induced nephrotoxicity in mice (Nakashima-Kamimura et al., 2009). To date, most of these studies have been focused on the ischemic and reperfusion injury and the potential effect of hydrogen in AD has not been tested. We hypothesize that hydrogen may attenuate AD by reduction of oxidative stress. We tested this hypothesis by using an intracerebroventricular (i.c.v.) injection of A β rat model. The role of MDA, TNF- α , IL-6, LTP, HNE and GFAP in A β -induced early impairment of learning and memory were assessed by giving hydrogen-rich saline.

2. Results

2.1. Hydrogen saline improved learning and memory

The escape latency was recorded at 8 days after A β 1-42 injection. In training trials, the escape latency time on the last training day (the fifth day) was 10.64 \pm 8.62 s in sham group, 30.10 \pm 20.93 s in A β 1-42 plus physiological saline group, and 18.14 \pm 16.16 s in A β 1-42 plus hydrogen-rich saline group. Among them, the escape latency time is significantly different between sham and A β 1-42 plus physiological saline groups (p <0.05), but not between sham and A β 1-42 plus hydrogen-rich saline groups (p =0.093). In probe trials, animals in hydrogen-rich saline group spent more time on the right quadrant for searching the platform when compared with A β 1-42 plus physiological saline group (p =0.026) (Figs. 1A-E), suggesting hydrogen-rich saline improved spatial recognition and memory that had declined by A β 1-42.

No alterations of the swimming speed (F =1.73; p =0.18) in the Morris Water Maze (Fig. 1F), or the total squares crossed (F =0.81; p =0.45) and rearing behavior (F =0.62; p =0.54) in the open field arena (Figs. 1G-H) were observed, indicating no motor deficits in this animal model.

2.2. Hydrogen saline enhanced LTP in hippocampus in vivo

In sham group rats, 200 Hz conditioning stimulation induced a robust and stable LTP of the EPSP amplitude compared to pre-HFS baseline (177 \pm 5% of baseline at 1 h post-HFS). The LTP produced in the A β 1-42 (2.2 nmol) group (127 \pm 6%) following

HFS was significantly depressed compared with sham group (p =0.000), and hydrogen-rich saline (148 \pm 8%) attenuated this inhibition significantly (p =0.000) (Fig. 2).

2.3. Hydrogen saline suppressed lipid peroxidation

Lipid peroxidation was assessed by detecting brain tissue MDA level and hippocampus immunostaining using anti-HNE antibody. The content of MDA in A β 1-42 plus physiological saline group (6.71 \pm 1.08) was significantly increased compared to the sham group (4.21 \pm 0.78) (p =0.000). Hydrogen-rich saline administration suppressed the production of MDA (5.64 \pm 0.76) when compared with that in the A β 1-42 plus physiological saline group (p =0.018) (Fig. 3A). On the other hand, HNE immunoreactivity was rarely observed in the dentate gyrus of hippocampus in the sham group 14 days after operation. The number of stained cells per 0.01 mm² in dentate gyrus of hippocampus increased significantly in A β injection rats compared with sham group (p =0.000). In the hydrogen-rich saline rats, the number of HNE-positive cells were significantly decreased compared with the A β group (p =0.011) (Figs. 3B-C).

2.4. Effects of hydrogen saline on inflammatory responses

ELISA detection showed that the levels of TNF- α and IL-6 in brain tissue were markedly increased by 2.23-fold and 2.10-fold in A β 1-42 plus saline-treated group, and 2.06-fold and 2.04-fold in A β 1-42 plus hydrogen-rich saline-treated group, when compared with sham-operated controls. Hydrogen-rich saline reduced the elevation of IL-6 and TNF- α in the brain tissues (Figs. 4A-B).

2.5. Hydrogen saline inhibited the A β 1-42 induced astrocytes activation

The astrocyte reaction was visualized by means of the immunoreactivity for glial fibrillar acidic protein (GFAP), a specific marker of astrocytes. A β 1-42 resulted in infiltration of astrocytes in hippocampal CA1 and dentate gyrus, as well as transformation of astrocytes from a resting to an activated state, highlighted by phenotypic changes characterized by long, thick branching and distended cell body. Hydrogen-rich saline significantly inhibited the A β 1-42 induced astrocytic reaction in hippocampal CA1 and dentate gyrus (Figs. 5A-B).

3. Discussion

In the present study, we analyzed the mechanisms of action of hydrogen saline in a rat model of i.c.v. injection of A β 1-42. A single i.c.v. injection of a nanomolar dose of A β 1-42 effectively impaired learning and memory behavior in rats. Furthermore, this behavioral abnormality was accompanied by increases in hippocampal GFAP/HNE immunoreactivity and high level of inflammation cytokine in brain tissue, which all have been reported existed in clinical AD patients. The major findings of the present study were that hydrogen saline significantly improved learning memory and LTP, suppressed the early accumulation of lipid peroxidation products, and eliminated

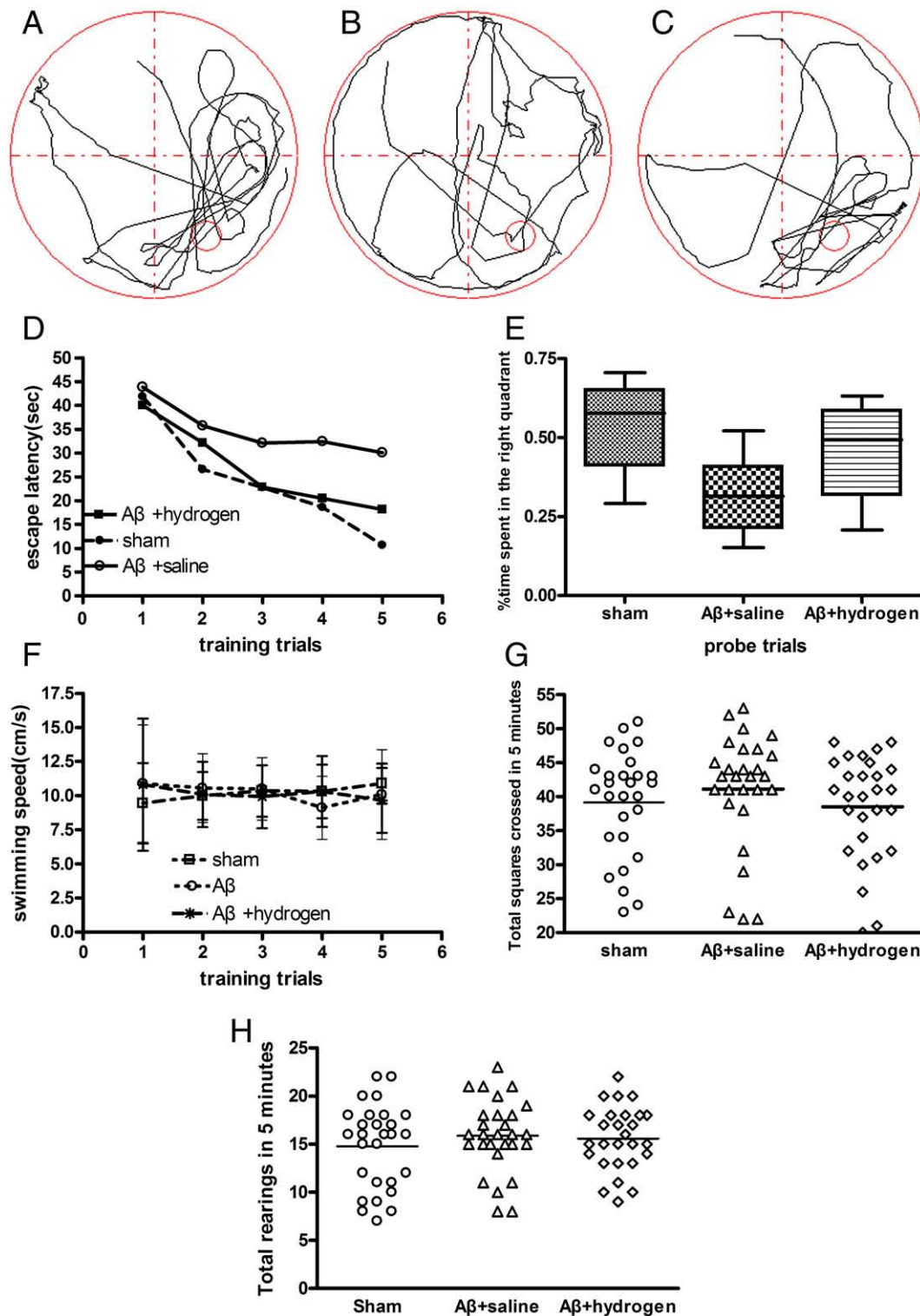


Fig. 1 – Representative swim traces of each group in probe trials: (A) sham, (B) A β + saline, (C) A β + hydrogen, (D) escape latencies in training trials, and (E) percent goal quadrant dwell time in the probe trials. On the sixth day of initial training, rats were allowed to swim for 60 s in the maze without the escape platform, and the time spent in each quadrant was recorded. Hydrogen-rich saline treatment rats spent more time in the target quadrant compared to the saline treatment. (F) Swimming speed in training trials, (G) squares crossed and (H) rearings in 5 min in open field test showed no different in motor function in each group.

160 the sequential inflammatory responses. Taken together,
 161 results from the present study illustrate the validity of this
 162 animal model for at least some aspects of Alzheimer's disease.

The training and the probe trials showed cognitive and
 memory functional decline in this animal model indicating
 this model resembles Alzheimer's like disorders. Using this

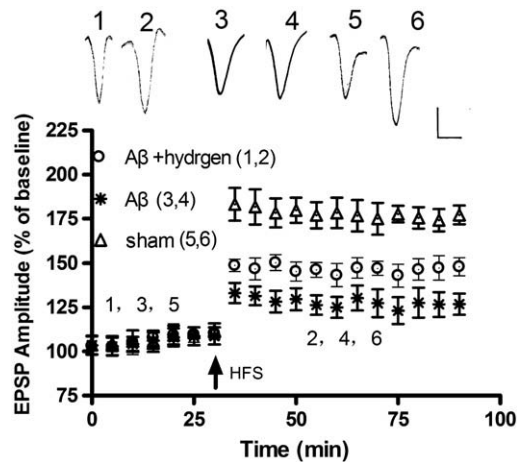


Fig. 2 – Hydrogen-rich saline attenuated the depression of LTP induced by A β 1-42. The LTP produced in the A β 1-42 (2.2 nmol) group following HFS was significantly depressed compared with sham group ($p=0.000$), and hydrogen-rich saline attenuated this inhibition significantly ($p=0.000$). Each point is an average of 3 responses and were obtained at 5 minute intervals. The arrows indicate the time at tetanization. Insets: representative example of EPSP traces pre-HFS and post-HFS in each group. Scale bar indicates 1mv/5 ms.

166 animal model, we observed that hydrogen-rich saline improved learning and memory functions probably by its anti-neuroinflammation and anti-oxidative stress actions. Long-term potentiation (LTP) is an enhanced synaptic transmission observed in synapses that have previously been stimulated. It can be considered to be a mechanism that supports learning and memory functions, was shown to be severely impaired in old Tg2576 mice (Chapman et al., 1999). A β peptide oligomers rapidly and significantly block LTP (Walsh et al., 2002). The correlation between LTP and performance on the spatial learning and memory task is of great interest. Although the correlation does not show a direct link between LTP and behavior, it nonetheless demonstrates that treatments producing a deficit in the former also produce deficits in the latter, which was verified in our study.

181 A pathologic hallmark of AD is the formation of senile plaques. β -Amyloid peptide (A β), a 39–43 amino acid peptide, is a major component of these plaques. Strong evidence has shown that free radicals and oxidative stress induced by A β play an important role in neurodegeneration of AD (Smith et al., 2006; Guidi et al., 2006; Ohta and Ohsawa, 2006). Free radicals which produce lipid peroxidation, protein peroxidation, DNA peroxidation and oxidative stress are the central elements of age-related diseases (Calabrese et al., 2006; Zhu et al., 2006; Loh et al., 2006; Koliatsos et al., 2006). Clinical and basic science evidences indicate that oxidative stress is associated with aging and AD and markers of oxidative stress have been shown to precede pathological lesions in AD, including senile plaques and neurofibrillary tangles (Castellani et al., 2001; Nunomura et al., 1999, 2001; Sayre et al., 1997). Antioxidants thus have potentials to blunt the cognitive decline in AD or to slow disease progression (Jama et al.,

1996; Perrig et al., 1997; Rottkamp et al., 2000). Therefore, in this study we measured the levels of the malondialdehyde (MDA) which is the product of lipid membrane oxidation and represents the production of the reactive oxygen species (ROS). Its content responds to speed and intensity of lipid peroxidation, it indirectly responds to the damage degree of free radical. Furthermore, we detected 4-hydroxynonenal (HNE) production in hippocampus which is produced when superoxide peroxidates arachidonic acid in the lipid bilayer, and is a well-known oxidative stress marker (Hayashi et al., 2003). Analysis of AD brains demonstrates an increase in free HNE in amygdala, hippocampus, and parahippocampal gyrus of the AD brain compared with age-matched controls (Markesbery and Lovell, 1998). A significant elevation of free HNE in ventricular CSF and serum provides a potential biomarker for AD (Lovell et al., 1997). HNE is elevated in neurons treated with A β 1-42 (Lauderback et al., 2001). HNE inhibits plasma membrane transporters, disrupts the assembly of microtubules and inhibits mitochondrial function (Picklo et al., 2001). HNE has also been shown to inhibit choline acetyltransferase, the enzyme responsible for the synthesis of acetylcholine (Butterfield and Lauderback, 2002). Increased levels of MDA have been identified early in the course of the disease in the vulnerable superior and middle temporal gyri of the Alzheimer brain and not in other regions. MDA levels have even been found increased in these regions in patients with minimal cognitive impairment, a condition that often precedes AD (Keller et al., 2005). It has been reported that A β fragments are neurotoxic to hippocampal and cortical neurons either in vitro or in vivo (Chen et al., 1996; Nakamura et al., 2001; Shen et al., 2002). A β peptide produces hydrogen peroxide through metal ion reduction, with concomitant release of thiobarbituric acidreactive substances, a process probably mediated by formation of hydroxyl radicals and the subsequent oxidative reactions (Mecocci et al., 1994; Huang et al., 1999a,b). In the present study, we observed that hydrogen saline treatment actually decreased oxidative neuronal stress by demonstrating the change in HNE immunoreactivity in hippocampus. Hydrogen-rich saline reduced MDA content in this A β 1-42 induced Alzheimer's like-disease animal model.

In addition, the inflammatory cytopathology may be a secondary response to the early accumulation of A β in the brain. Common neuroinflammatory events include activation and proliferation of microglia and astrocytes, activation of nuclear transcription factor kappa β , upregulation of inflammatory cytokines such as tumor necrosis factor α and interleukin 1 β , release of prostaglandin E₂ under the enzymatic control of cyclooxygenase-2, and release of reactive oxygen and nitrogen species. The innate immune response that occurs in the brain leads to the accumulation of inflammatory mediators such as TNF- α , IL-1, IL-6, free radicals, complement components and microglia activation (Weiner and Selkoe, 2002). These neuroinflammation makers are typically observed in association with AD neuropathology. TNF- α is a multifunctional cytokine that triggers a wide range of cellular responses. In the CNS, TNF- α disrupts learning and memory and regulates neuronal death. TNF- α has also been shown to participate in A β -induced inhibition of LTP, a form of synaptic plasticity closely associated with learning and memory. In the present study the levels of TNF- α and IL-6

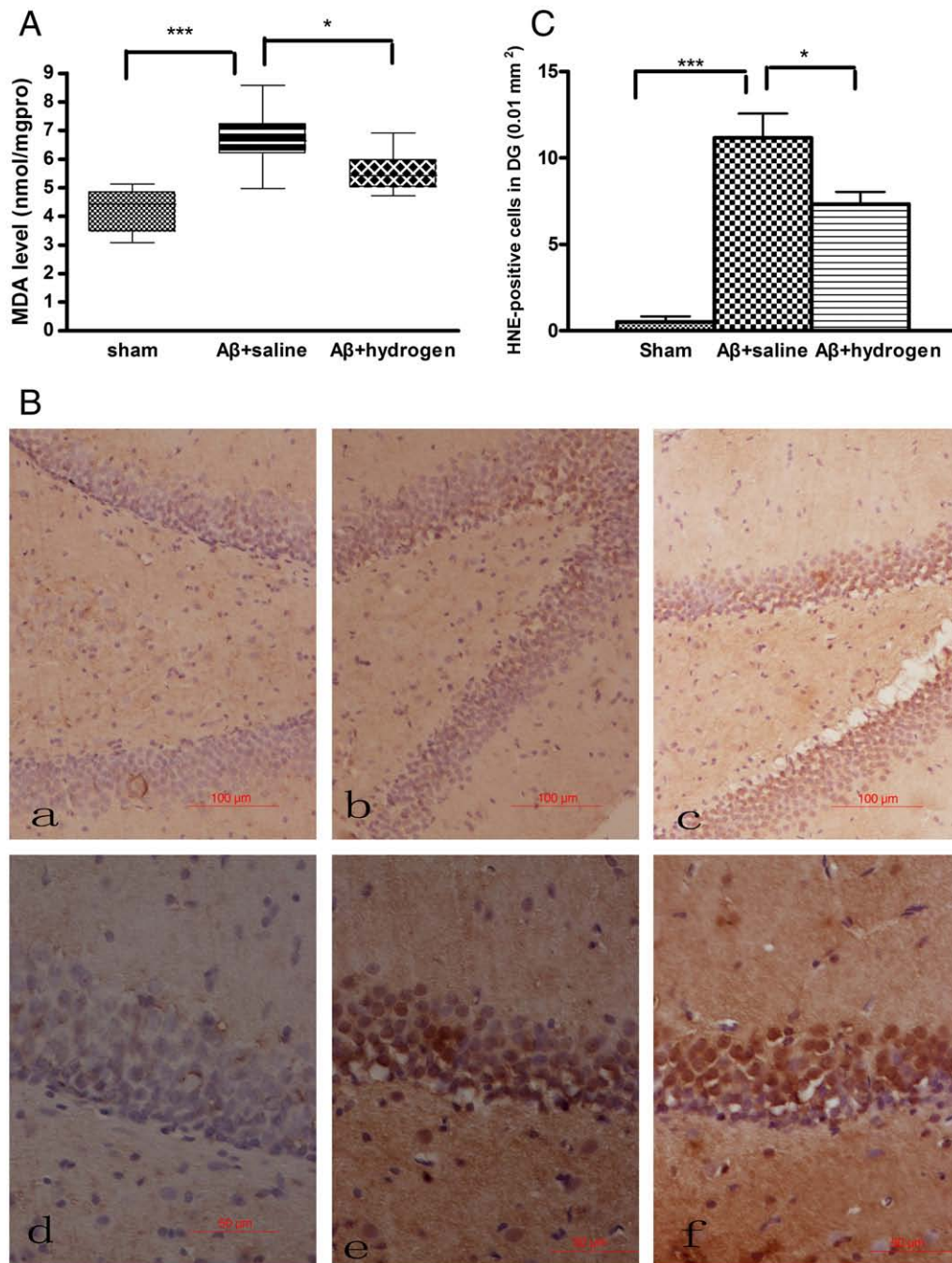


Fig. 3 - (A) The MDA level in brain tissues. A β 1-42 enhanced MDA levels and hydrogen-rich saline reduced MDA. **(B)** Immunohistochemical examples for 4-hydroxynonenal (HNE) in the dentate gyrus of hippocampus. In contrast to almost no immunoreactivity in the sham control, many neurons became strongly stained in the amyloid-beta-treated brains in dentate gyrus of hippocampus 14 days after operation. Treatment with hydrogen-rich saline reduced the degree of staining than the amyloid group. (a, d sham group; b, e hydrogen group; and c, f A β group. scale bar: a-c 100 μ m, d-f 50 μ m). **(C)** Number of HNE-positive cells in the hippocampus dentate gyrus in each group. Quantitative analysis revealed that hydrogen-rich-saline-treated groups showed statistically significant reduction of stained cells. Values are expressed as the number of positive cells per 0.01 mm² (mean \pm SEM). n=6 each group. * p <0.05; *** p <0.001.

258 increased significantly in this A β 1-42 rat model, which was
259 decreased by hydrogen-rich saline treatment.

260 Reactive gliosis is a response of astrocytes to a variety of
261 results that is characterized by hypertrophy of the cell bodies
262 and processes and an increase in the expression of GFAP. AD is

263 clinically characterized by progressive dementia. Neuropathologically, the hippocampus is one of the first and most
264 severely damaged structures in AD. Furthermore, prominent
265 inflammatory responses take place in AD that involves the
266 activation of microglia and astrocytes (Nagele et al., 2004; 267

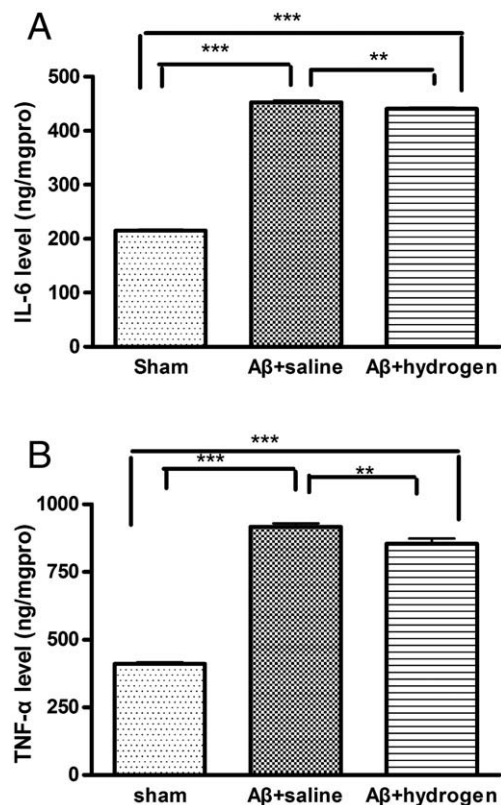


Fig. 4 – The IL-6 (A) and TNF- α (B) levels in brain tissues. A β 1-42 increased IL-6 and TNF- α and hydrogen-rich saline prevented the elevation of IL-6 and TNF- α . * $p < 0.05$, ** $p < 0.01$, * $p < 0.001$.**

268 Meda et al., 2001). Classic astrogliosis is known to occur
 269 extensively in the senile AD cortex and CA1 region. Karin
 270 Boekhoorn (Boekhoorn et al., 2006) found a robust astrogliosis
 271 in the SGZ in young AD patients. In our study, cells staining for
 272 GFAP were found in the dentate gyrus molecular layer and
 273 hilar region, as well as in the molecular layer of CA1 after
 274 amyloid injection. Less GFAP-positive cells were showed in
 275 hydrogen-rich saline rats. The experiments have demonstrat-
 276 ed that the hydrogen-rich saline can reduce the astrocytes
 277 activation induced by amyloid-beta.

278 The relationship between oxidative stress and inflamma-
 279 tion is complex. Reactive oxygen species may release TNF- α by
 280 activating NF- κ B (Castranova, 2004; Min et al., 2003), and anti-
 281 oxidative stress may decrease the level of TNF- α in cells
 282 (Barrett et al., 1999). In addition, reactive oxygen species
 283 enhance the expression of adhering and chemotactic mole-
 284 cules, resulting in neutrophils, mononuclear cells, and lym-
 285 phatic cells adhesion to the endothelium. Local chemotaxis,
 286 accumulation and infiltration of those white blood cells
 287 subsequently aggravate inflammatory responses (Ichikawa

et al., 1997; Jiang et al., 2005; Kokura et al., 2002). Anti-oxidative
 288 treatments inhibited the expression of adhering molecules
 289 and therefore relieved the inflammatory responses (Jiang
 290 et al., 2004). Therefore, we speculate that hydrogen-rich saline
 291 improved learning and memory ability in this A β 1-42 animal
 292 model by anti-neuroinflammation via anti-oxidative stress
 293 action.
 294

295 Taking together, hydrogen-rich saline improved the cogni-
 296 tive and memory functions in this A β 1-42 Alzheimer's like-
 297 disorder animal model. The therapeutic effect of hydrogen-
 298 rich saline may be mediated by its anti-oxidative stress which
 299 may contribute to neuroinflammation. One of the advantages
 300 of hydrogen-rich saline is its ability to cross the blood-brain
 301 barrier and therefore has potentials in neurological disorders
 302 including Alzheimer's disease.

4. Experimental procedures 303

4.1. Animals and drug treatment 305

306 Male Sprague-Dawley rats (Experimental Animal Center of
 307 China Medical University, Shenyang, China), maintained at
 308 an ambient temperature of 22–24 °C under a 12 h:12 h light:
 309 dark cycle, were used in this experiment. Animals were
 310 divided into three groups ($n=28$ each group): (1) sham-
 311 operated plus physiological saline treatment; (2) A β 1-42
 312 (2.2 nmol/10 μ l) i.c.v. (intracerebroventricularly) injection
 313 plus physiological saline treatment; and (3) A β 1-42
 314 (2.2 nmol/10 μ l) i.c.v. injection plus hydrogen-rich saline
 315 treatment (5 ml/kg, i.p., daily). Amyloid- β 1-42 (Sigma-Aldrich,
 316 Beijing, China) was suspended at a concentration of 1 μ g/ μ l. To
 317 obtain the aggregated form of A β 1-42, the peptide solution
 318 was placed in an incubator at 37 °C for 72 h.

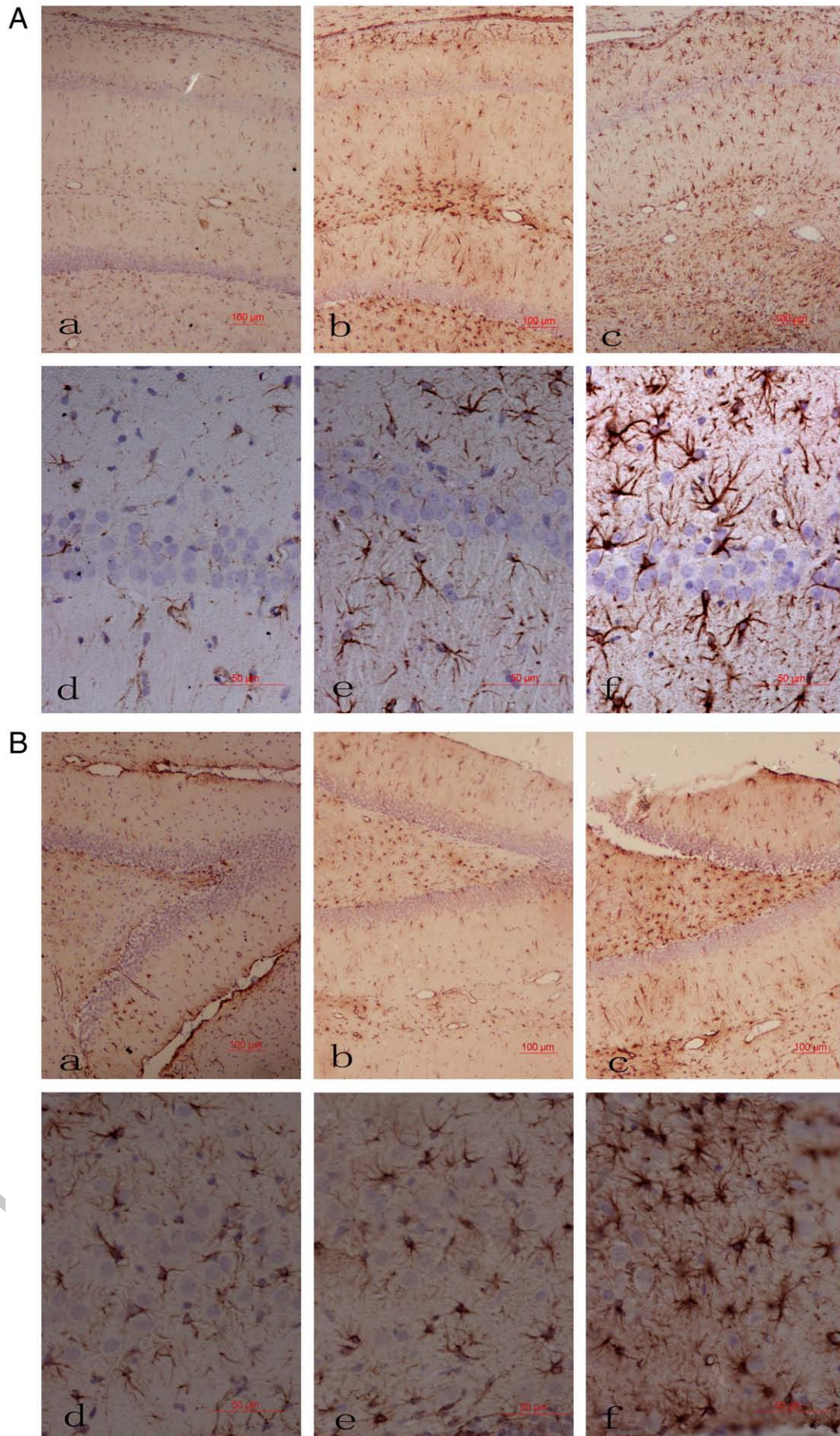
4.2. Hydrogen-rich saline production 319

320 Hydrogen was dissolved in physiological saline for 6 h under
 321 high pressure (0.4 MPa) to a supersaturated level using
 322 hydrogen-rich saline-producing apparatus produced by the
 323 Diving Medicine Department of the 2nd Military Medical
 324 University in Shanghai China. The saturated hydrogen-rich
 325 saline was stored under atmospheric pressure at 4–8 °C in an
 326 aluminum bag with no dead volume. Hydrogen-rich saline
 327 was sterilized by gamma radiation. Hydrogen-rich saline was
 328 freshly prepared every week, which ensured that a concen-
 329 tration of 0.6 mmol/l was maintained. Gas chromatography
 330 was used to confirm the content of hydrogen in saline by the
 331 method described by Ohsawa et al. (2007).

4.3. Surgery 332

333 All experimental procedures were carried out in accordance
 334 with the guidelines of the Animal Care and Use Committee of

Fig. 5 – Immunostaining of glial fibrillary acidic protein (GFAP) in the hippocampus CA1 (A) and dentate gyrus (DG) (B). (a, d) Very little signal is present in the CA1 and DG area of a sham subject immunostained for GFAP. (c, f) Conversely, many GFAP-positive reactive astrocytes are present in CA1 and DG area of an amyloid-beta subject. (b, e) Hydrogen-rich saline attenuated the activation of astrocytes. a, d Sham group; b, e hydrogen group; and c, f A β group. Scale bar represents 100 μ m (a-c) and 50 μ m (d-f).



335 the China Medical University. The rats weighing 280–330 g
 336 were anesthetized with chloral hydrate (300 mg/kg) intraperi-
 337 toneally and placed in a stereotaxic apparatus (Stoelting,
 338 USA) with the incisor bar set at 3.3 mm below the interaural
 339 line. Small burr holes were made in the parietal bone to allow
 340 the insertion of the injection cannula. Briefly, A β 1-42 (1 nmol)
 341 (Sigma-Aldrich, Beijing, China) was injected bilaterally into
 342 the lateral ventricles through a stainless steel cannula (antero-
 343 posterior: -0.8 mm relative to bregma, medial/lateral: -1.4 mm
 344 relative to bregma, and dorsal/ventral: -4.0 mm below dura) by
 345 means of a Hamilton microsyringe. Body temperature was
 346 maintained at 37 °C. The injection lasted 5 min and the needle
 347 with the syringe was left in place for 2 min after the injection
 348 for the completion of drug infusion. After A β 1-42 injection
 349 the rats were administrated with hydrogen-rich saline or
 350 physiological saline through an intraperitoneal method (5 ml/
 351 kg, i.p., daily) for 2 weeks.

352 4.4. Morris Water Maze (MWM) and open field task

353 The experimental apparatus (Chinese Academy of Science,
 354 China) consisted of circular water tank (diameter, 130 cm;
 355 height, 50 cm) containing water at 23 \pm 2 °C. The target platform
 356 (10 \times 10 cm) was submerged 1 cm below the water surface and
 357 placed at the midpoint of one quadrant. The platform was fixed
 358 at the position, equidistant from the center and the wall of the
 359 pool. The pool was placed in a test room containing various
 360 prominent visual cues. Rats were subject to a spatial reference
 361 memory version of the water maze as described previously
 362 (Prediger et al., 2007). The acquisition training session was
 363 performed 8 days after A β 1-42 injection. The animals were left
 364 in the tank facing the wall and allowed to swim freely to the
 365 escape platform. If an animal did not find the platform within a
 366 period of 60 s, it was gently guided to it. The animal was
 367 allowed to remain on the platform for 15 s after escaping to it.
 368 This procedure was repeated 10 times and the escape latency
 369 time was recorded and calculated. The test session was
 370 performed 24 h after the training session. The test session
 371 consisted of a single probe trial in which the platform was
 372 removed from the pool and each rat was allowed to swim for
 373 60 s in the maze. The time spent in the correct quadrant (i.e.,
 374 where the platform was located on the training session) was
 375 recorded, and the percentage of the total time was calculated.

376 To verify the effects of i.c.v. treatment with A β 1-42 on
 377 locomotor activity, the animals were placed for 5 min in the
 378 open field arena after the last MWM test. The apparatus was
 379 made of wood covered with impermeable Formica, had a
 380 white floor measuring 100 \times 100 cm (divided by black lines into
 381 25 squares of 20 \times 20 cm) and was surrounded by 40-cm high
 382 walls. The experiments were conducted in a sound attenuated
 383 room. Each rat was placed in the centre of the open field and
 384 the numbers of squares crossed and rearings were registered.

385 4.5. Electrophysiology test

386 Following the behavioral testing, six rats of each group were
 387 tested for hippocampal long term potentiation (LTP). The
 388 animals were anesthetized with urethane (20%, 5 ml/kg, i.p.)
 389 and stereotaxically implanted with a recording electrode
 390 aimed at the granule cell (GC) layer of the dentate gyrus (DG)

and a stimulating electrode aimed at the perforant path (PP). 391
 The experimental paradigm consisted of first adjusting the 392
 stimulating and recording electrodes to produce maximum 393
 field responses. A test stimulus (0.25 ms pulse-width) was 394
 then selected that would elicit a small population spike (1– 395
 2 mV; approximately 1/3 of saturation current). The amplitude 396
 of EPSP was calculated and displayed graphically to ascertain 397
 the induction of LTP. A baseline was then obtained by 398
 delivering a pulse (0.25 ms pulse-width) to the PP every 30 s 399
 for 30 min, and recording the field potentials (average of 3 400
 responses, 1/5 s). Following baseline recordings, brief tetanic 401
 stimulation, at an intensity level sufficient to induce a 402
 minimum spike, was delivered to the PP (10 pulses, 200 Hz, 5 403
 times, 10 s apart) and the field responses were once again 404
 calculated for 10 min. The intensity of the tetanic stimulation 405
 was then increased to a level approximately 40% of saturation 406
 and the procedure was repeated. Tetanization at this second, 407
 higher stimulus intensity was performed to ensure that the 408
 responses were not saturated following the first tetanus. The 409
 EPSP amplitude was used to measure synaptic efficacy. EPSPs 410
 are expressed as a percentage of the mean initial amplitude 411
 measured during the last 10 min of the baseline-recording 412
 period prior to LTP induction. LTP data recorded between 55 413
 and 60 min post-HFS were analyzed. 414

415 4.6. Immunohistochemistry

Fourteen days after injection of A β 1-42, the rats were perfused 416
 transcardially with 4% paraformaldehyde in phosphate buff- 417
 ered saline (PBS). The brains were removed and postfixed for 418
 24 h and were embedded in paraffin wax. Serial coronal 419
 sections (5 μ m thickness) were cut from various sections of 420
 the brain. After the coronal sections were rinsed in PBS 3 421
 times, endogenous peroxidase activity was blocked by incu- 422
 bation with 3% H₂O₂ for 10 min. The sections were incubated 423
 with 10% normal goat serum. After the blocking serum was 424
 removed, sections were immunostained overnight at 4 °C 425
 using a rabbit polyclonal antibody against 4-hydroxy-2-nonenal 426
 (HNE; 500:1; Alpha Diagnostic International, USA) to assess 427
 lipid peroxidation, a mouse monoclonal antibody against 428
 GFAP (GFAP ; 100:1; Beyotime , China) to assess astrocyte 429
 activation, then with biotinylated secondary antibody at 37 °C 430
 for 20 min. The HNE-positive and GFAP-positive cells were 431
 detected using strept-avidinbiotin complex (SABC) and DAB 432
 kits (Zhongshan, China). Images were captured with a 433
 microscope (Nikon Eclipse 80i) and Digital Sight Camera (DS- 434
 5M-L1, Nikon, NY, USA). Control and experimental tissues 435
 were placed on the same slide and processed under the same 436
 conditions. The settings for image acquisition were identical 437
 for control and experimental tissues. In each HNE section, the 438
 stained cells were counted in 3 predefined areas (0.01 mm²; 439
 n=6 each group) from dentate gyrus of hippocampus. An 440
 observer blind to group assignment performed the analysis. 441

442 4.7. Malondialdehyde (MDA) assay

443 Six rats each group were sacrificed at 14 days after A β 1-42 444
 injection. The left prefrontal cortex were carefully excised and 445
 powdered using a motor and pestle on dry ice and immedi- 446
 ately stored at -70 °C for determining the content of MDA. 446

MDA content in brain cortex homogenates were determined with chemical method described by the manufacturer's instructions (Nanjing Jiancheng Biochemistry Co., Nanjing, China). Cortex tissue (100 mg, wet wt) was homogenized in 1 ml of 10 mM phosphate buffer (pH 7.4). After centrifugation at 12,000×g for 20 min, the MDA content in supernatant were assessed spectrophotometrically with the corresponding kits (Nanjing Jiancheng Biochemistry Co., Nanjing, China). Lipid peroxidation levels were determined by the thiobarbituric acid (TBA) reaction which measures the color change at 535 nm with spectrometer. TBARS levels were expressed as nmol/mg protein in the brain. The protein content was quantified by Commassie blue assay.

4.8. TNF- α and IL-6 levels

The specimens of the right brain tissues were used to determine the protein level of TNF- α (tumor necrosis factor- α) and IL-6 (interleukin-6) at 20 h after operation. The homogenates were centrifuged at 3000×g at 4 °C for 15 min. Levels of IL-6 and TNF- α were determined by highly sensitive enzyme-linked immunosorbent assay (ELISA) kits from R&D systems according to the manufacturer's recommendations. The absorbance was read on a microplate reader and the concentrations were calculated according to the standard curve. Protein content in the sample was determined by Commassie blue assay and the results were normalized to per microgram of protein.

4.9. Statistical analysis

Data are expressed as means±SEM for each group. The differences among experimental groups were detected by one-way analysis of variance (ANOVA). Between groups, variance was determined using the LSD and Student-Newman-Keuls post hoc test. A p-value of less than 0.05 was considered to be statistically significant.

5. Uncited reference

Halliwell and Gutteridge, 1999

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